

Technology



Check your internet signal / internet connection. Make sure you have a high-speed, reliable internet connection to ensure a seamless connection.

Know which video conference platform will be used:

For example: BigBlueButton, Blackboard Collaborate, Blue Jeans, Cisco WebEx, GoToMeeting, Google Meet, join.me, Microsoft Team, Slack, Whereby (formerly Appear.in), or Zoom





Log into your account ahead of time so that you are comfortable with the settings.

Check that you are logging in with your name. If you must log in from someone else's account, be sure to rename yourself so that there is no confusion about your identity.





Test your equipment - mute button, speakers, microphone, etc.

Make sure that you are disconnected when finished. Leave the meeting and log out of the application.



Etiquette / Behavior



Do not use the camera as a mirror. Turn the video off before you adjust clothing, comb your hair, or arrange your workspace.

Dress professionally including the parts you think won't be seen on camera (pants and shoes).





Eliminate distractions. Turn the TV and radio off, close the door to keep pets and children out, clear food and drinks from your workspace, reduce noise.

Avoid multitasking. Close all applications and web browser tabs that are not relevant to this meeting and silence your phone.





Maintain good eye contact. Look at the camera, particularly when

Turn the camera off and mute yourself if someone comes into the room or if you need to blow your nose, etc.





Use the chat feature to notify the meeting administrator if you need to leave the meeting early.

General Tips



 $\mathbf{Have}\ \mathbf{a}\ \mathbf{back\text{-}up}\ \mathbf{plan}$ if your technology is not working the way that vou need it to.

Choose a neutral background or setting that looks professional and is not distracting.





Have a notepad and pen available to take notes as needed.

